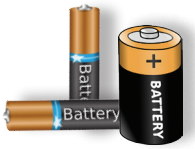
# Emergency Kit Checklist

3 days of nonperishable / non-cook food
water (1 gal. per day per person), medication




flashlight, battery operated radio, extra batteries

first aid kit, cash, cell phone and charger

ID cards, information: (Dr., meds, allergies), family / friends
contacts, toothbrush / toothpaste, blanket and washcloth

clothes and baby or pet supplies if you need them

DISASTER PREPAREDNESS: The likelihood that you will recover from an emergency tomorrow often depends on the planning and preparation done today. This list may help you get through the first 3 days, after a disaster.
**It is a starting point, as individual needs vary depending upon circumstances.**
For additional information, visit: www.Ready.gov. & www.mass.gov/mema/ready

FEMA

**Region 1, SOS Secrets of Survivors**